

## Forklift Training Program Port Coquitlam

Forklift Training Program Port Coquitlam - Forklifts are occasionally referred to as jitneys, hi los or lift trucks. These powered industrial trucks are utilized widely today. Department stores made use of forklifts in order to unload merchandise from trailers. Warehouses utilize them for tiering merchandise. And grocery stores utilize small models to drop stock in the aisles. Whether loading material at a construction site or transporting lumber at a sawmill, forklift operators must be trained well and licensed. The main concern must be on the safety of the worker and pedestrian. This forklift training program teaches the health and safety rules governing forklifts to be able to guarantee their safe and efficient operation.

### Forklift Training Program Safety Guidelines:

Right training ensures that forklift operators can maintain control of the lift truck during lifting, tilting and traveling. Only skilled operators must drive a forklift.

Safety tips while traveling - head, hands, feet, legs and arms should be kept in the forklift truck during traveling. The forks must be low to the ground and tilted back. Observe traffic signs which are posted. Decrease speed and sound the horn when taking a corner. If the vision of the driver is blocked by the load, drive in reverse slowly. Pre-inspect the ground for possible dangers, like for example objects, oily or wet spots, rough patches, holes, people and vehicles. Avoid sudden stops.

If a vehicle or a person crosses the blind spots of the lift truck, stop the truck, lower the load, and do not continue until the way is clear. When traveling on an incline, the forks must be pointed uphill with a load and downhill without a load. The lift truck should just be turned around if on level ground.

Safety tips when steering - Never turn the steering wheel sharply if traveling fast. Turn utilizing the back wheels and support the load by the front wheels. A truck which is overloaded will be hard to steer. Adhere to load limitations. Never add a counterweight in order to improve steering.

Safety guidelines while loading - Follow the suggested capacity and load restrictions of the lift truck. This information is displayed on the data plate. Always ensure that the load is placed according to the suggested load centre. The forklift would remain stable as long as the load is kept close to the front wheels.

The mast of the forklift must be in an upright position before inserting the fork into a pallet. Before inserting the fork, level it.